



**VERMONT DEPARTMENT
OF HEALTH**

Ladies First pays for:

Breast and cervical cancer and cardiovascular disease screenings for women of limited income. Office visits should include all three screenings. Refer to the list of approved CPT codes to verify covered services: www.LadiesFirstVt.org

Type of Service and Eligibility	Annual Screenings	Diagnostic Tests	Referral for Treatment
Breast Screening <ul style="list-style-type: none"> • 40+ • 18-39 (with breast symptoms) 	<ul style="list-style-type: none"> • Clinical breast exam • Breast self-exam instruction • Screening Mammogram 	<ul style="list-style-type: none"> • Diagnostic Mammogram • Ultrasound • Consultation • Second opinion • Breast biopsy 	<p>Ladies First members referred for full Medicaid coverage during treatment.</p> <p>Contact Ladies First: 1-800-510-2282</p>
Cervical Screening <ul style="list-style-type: none"> • 40+ • 21-39 (with abnormal Pap) 	<ul style="list-style-type: none"> • Pelvic exam • Pap smear 	<ul style="list-style-type: none"> • Colposcopy • Diagnostic tests 	<p>Ladies First members referred for full Medicaid coverage during treatment.</p> <p>Contact Ladies First: 1-800-510-2282</p>
Cardiovascular Disease Screening <ul style="list-style-type: none"> • All Ladies First members 	<ul style="list-style-type: none"> • Annual office visit • Blood pressure • Total cholesterol • Lipid profile • Blood glucose • HA1c 	<ul style="list-style-type: none"> • One office visit • Approved follow-up tests • CVD treatment services are not covered 	<p>Refer women to the Ladies First Lifestyle program:* 1-802-652-4139</p> <p>Smoking cessation: Vermont Quit Network 1-800-Quit Now</p> <p>Healthier Living Workshops 1-802-652-2096</p>

* The [Ladies First Lifestyle program](#) provides goal setting and educational materials for nutrition, physical activity and tobacco cessation offered by phone, mail, or e-mail.